

Bonanza Golf Course is excited to host our first 9ine in no time JUNIOR beginner golf program after the success of our ladies program, 9ineandwine. Below is an overview of the course. Lessons will start at 16h00 sharp. We will first do theory in the conference room and then move onto the practical side on the driving range. The 2 sessions together will be approximately 90 minutes.

<p>WEEK 1</p>	<p>SATURDAY 17 MARCH</p>	<p>THEORY</p> <p>1. WELCOME & WHAT IS IN STORE FOR THE NEXT 5 WEEKS</p> <ul style="list-style-type: none"> - overview of the 9ine in no time junior course - the 4 games of golf <p>2. WORDS WE NEED TO UNDERSTAND</p> <ul style="list-style-type: none"> - the target - the target line - what the toe of a golf club is <p>PRACTICAL</p> <p>1. HOW TO HOLD THE CLUB</p> <ul style="list-style-type: none"> - why is the grip important - easy check points to make sure you get it right <p>2. TAKEWAY</p> <ul style="list-style-type: none"> - toe up, toe up <p>3. ORIENTATION, a walk-through of:</p> <ul style="list-style-type: none"> - the clubhouse - the pro shop - the practise facilities (driving range cards handed out)
----------------------	-------------------------------------	---

<p>WEEK 2</p>	<p>SATURDAY 24 MARCH</p>	<p>THEORY</p> <p>1. DIFFERENT PARTS OF A GOLF COURSE</p> <ul style="list-style-type: none"> - the teeing ground - the fairway - the rough & different cuts - hazards and bunkers - out of bounds - the green - pin positions - par 3's, par 4's and par 5's - <p>2. LEARNING ABOUT GOLF CLUBS</p> <ul style="list-style-type: none"> - different parts of a golf club - the grip - the shaft - the club head
----------------------	-------------------------------------	--

- grooves
- the sole
- different types of golf clubs

		<p>PRACTICAL</p> <p>1. HOW TO TURN - imagine you are a wind up toy!</p> <p>2. FROM TOP TO BOTTOM AND THROUGH! - transfer the weight - no scooping, down and through - pose for the camera – balanced finish</p>
--	--	--

<p>WEEK 3</p>	<p>SATURDAY 7 APRIL</p>	<p>THEORY</p> <p>1. BASIC RULES OF GOLF</p> <p>1A. THE TEEING GROUND - junior tee boxes - where to put your ball - how to tee up you ball</p> <p>1B. THE FAIRWAY - is it me or is it you? - ready golf - placing</p> <p>1C. BUNKERS - how to walk into a bunker - hover, hover, hover - how to rake a bunker</p> <p>PRACTICAL</p> <p>1. THE CHIP SHOT - small shot, small setup - hit down to get up - tick, tock, tick, tock for rhythm</p> <p>2. BUNKERS - how to setup for a bunker blast! - throw the sand - lets get spinning!</p>
----------------------	------------------------------------	---

WEEK 4

SATURDAY

14 APRIL

THEORY

1. BASIC RULES OF GOLF CONTINUED

1D. WATER HAZARDS

- how to take a drop shot

1E. THE ROUGH AND DIFFERENT CUTS

- what does lie mean?
- the unplayable lie
- small trees

1F. THE GREEN

- marking your ball on the green
- who plays first?
- how to mark your ball on the green
- how to repair a pitch mark

2. GOLF ETIQUETTE

- 'quiet please'
- letting faster players through
- order of play VS speed up play (READY GOLF)

3. LOCAL RULES & DANGEROUS WEATHER

- what are local rules?
- **IMPORTANT** – what to do if there is lightning

PRACTICAL

1. PUTTING

- setup, (GASP) - grip, alignment, stance, posture

2. PUTTING - IMPORTANCE OF FEEL

- the need for speed
- reading greens

1. SCORING

- what is a handicap?
- what does par, birdie, bogey etc mean?
- under par, over par

WEEK 5

SATURDAY

21 APRIL

2. TEST TIME 😊 - Easy peasy 20 mark test

PRACTICAL

3 HOLES ON THE COURSE FOLLOWED BY GRADUATION!